



# Bressingham Primary Newsletter

**31st  
October 2017**

## Dates for this term

These dates may be subject to changes and for some events letters will be sent out from class nearer the event.

2<sup>nd</sup> November Cross Country regional finals at Fritton Lake

7<sup>th</sup> November Parents' Evening

9<sup>th</sup> November Parents' evening

10<sup>th</sup> November (Friday) Remembrance Day ceremony at war memorial.

17<sup>th</sup> November FABs Autumn Fayre

20<sup>th</sup> November Y5/6 Diss Cluster Tag Rugby Tournament

1<sup>st</sup> December Rabbits and Hedgehogs Panto Trip

FABs disco

4<sup>th</sup> December Christmas decoration afternoon

6<sup>th</sup> December Barn Owls trip to Gressenhall.

8<sup>th</sup> December Diss Cluster Sportshall Athletics.

12<sup>th</sup> and 13<sup>th</sup> December 2pm Nativity (EYFS and KS1)

15<sup>th</sup> December Christmas lunch

18<sup>th</sup> December 3pm Christmas service at school - Canon Tony Billet

19<sup>th</sup> December Carols Round the Christmas Tree

Tuesday 19<sup>th</sup> December  
SCHOOL CLOSES

Thursday 4<sup>th</sup> January  
SCHOOL REOPENS

### **Forest Schools**

Forest schools is now fully operational and taking place every Friday afternoon, run by Angela Lamb. The children have really benefitted from deepening their understanding of nature and working cooperatively. Many thanks to Jake and Archie's dad for providing us with large cut logs for our seating.

### **Open morning**

It was lovely to meet all the potential new parents at the open day this week. If you know of anyone who missed this event, they are very welcome to visit by calling the office and arranging a convenient time.

### **Jumpers**

As always a few jumpers have gone missing. Please do ensure that they are labelled, preferably with name tags as the written names become very hard

to decipher. If there is a name we can read we return it to the owner. All other lost jumpers are hung back in the cloakrooms, according to the size of the jumper. Hopefully now the weather is becoming cooler, fewer should be misplaced. Now is probably a good time to order those labels ready for spring.

### **Year 5/6 trip to Duxford**

Year 5 and 6 had an enjoyable trip to the Imperial War Museum at Duxford. As part of the trip they achieved a couple of their memorable events by going on an aircraft (Concorde) and by learning from older people. They had the opportunity to take part in a workshop about what it was like to live through the war, handled artefacts, engaged with reconstructed living rooms and kitchens from the era and heard first-

hand accounts from the volunteers.

### **Website**

Our website provider has changed. Please bear with us while we improve functionality, such as emailing newsletters! We have changed because by doing so we save a lot of money and have the opportunity to design the website again (with the help of school council).

### **Parents' evenings**

I will be around during both parents' evenings, if anyone would like to see me. This school year, I have been teaching more than usual. I have been supporting Years 5 and 6 so have not been available in the mornings as much or on the gate in the evenings.

### **Kitchen Update**

Thank you to FABs for all the fantastic work they have done in raising money for our production kitchen (one where we can cook our

own meals). As you know, we managed to purchase a good proportion of the equipment needed from another school. We are currently seeking quotes for a small amount of building work. We then hope to complete the building work over Christmas. Over the Easter break, we plan to install the units, with a view to starting cooking our own meals in September.

### **School Gate**

The school gate is due a service very soon. At the moment it can stick when opened and sometimes needs a little push to help it on its way.

### **Cross Country**

Well done to all the runners who took part in the Diss Cluster Cross Country event as part of Sainsbury School Sports. 10 of the 12 competitors managed to qualify for the next round. Everyone did really well and their

behaviour was a credit to the school.

### **Healthy Eating**

School Council have discussed what makes a healthy breaktime snack. Our discussions were very interesting and children were very keen that everyone ate healthily, which is good. We all agreed the following:

- Some snacks cause a lot of litter on the playground.
- Fruit, vegetable or meat snacks were best, but other snacks were also healthy, such as rice cakes, so it may be unfair to specify only certain foods.
- Many children took something from their packed lunch to eat as a snack at playtime and this wasn't always a healthy choice.
- A snack in itself, may not be

unhealthy when eaten as part of a healthy balanced diet.

Bearing in mind the above, School Council decided that we would do the following:

Children will be allowed to bring a healthy snack for breaktime, but will have to decide for themselves what is healthy. School Council recommends: fruit, vegetables or meat, a healthy snack bar (with no nuts) or a rice cake. School council felt that crisps or chocolate bars and cakes weren't a healthy choice.

Children will be asked to leave their snack in their school bag and won't be allowed access to their packed lunch at morning breaktime.

We hope that this approach will encourage the children to make the right decision about healthy eating for themselves.

